

A MONUMENT taster day with

# Green Light Trust-Strumpshaw Fen

Join us for a **FREE** taster session for unpaid carers, family and friends of people living with Dementia. Relax, laugh and try a new skill.

**All on the beautiful grounds of Strumpshaw Fen**

**Friday 11th or 18th March 2022**

Low Road, Strumpshaw, NR13 4HS

**10am-3pm** including lunch ( flexibility to leave earlier if session is too long)

**Come join us to have the opportunity to try and do at your own pace:**

- Practical woodland skills
- Coppicing
- Green woodwork
- Fire lighting
- Campfire lunch
- Learn about the woodlands, animals and plants

Dress comfortably for the weather

**Book now at:**

**[monument@norfolk.gov.uk](mailto:monument@norfolk.gov.uk)**

or call: 01603 303378 or 01603 223146



**Interreg**   
2 Seas Mers Zeeën  
**MONUMENT**

European Regional Development Fund



 **Norfolk**  
County Council

The project MONUMENT's Norfolk pilot is led locally by the Environment Service at Norfolk County Council, working closely with colleagues in Adult Social Services, charities and our UK and European partners. MONUMENT is gratefully funded by the Interreg 2 Seas Programme 2014-2020, co-funded by the European Regional Development Fund.