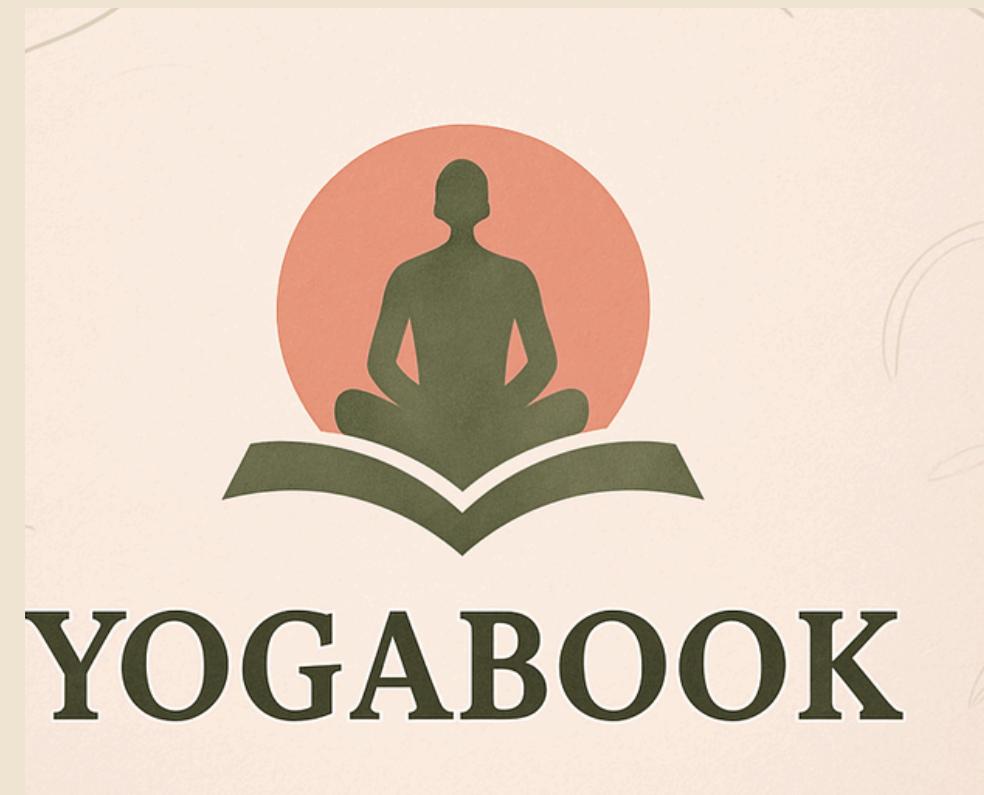


*“Where Mindful  
Meets Movement”*



## **Yoga for daily life with Drew**

**Every Thursday 7.15pm - 8pm  
At The Old School Village Centre  
Bradwell**

**Begins 19 February**

**To book:**

**07778644598**

**yogabook@teachers.org**

**£6 a  
class**

**The Old School Village Centre, 2 Green Ln,  
Bradwell, Great Yarmouth NR31 8QH**